

MY LITE OPTION PANCAKES

GLUTEN FREE / DAIRY FREE / VEGAN BASES AVAILABLE

Chicken Salsa

grilled chicken fillets topped with homemade salsa & baby gem lettuce

£7.95

Tricolore

cheddar & mozzarella cheese topped with freshly chopped tomato, feta, spring onions, Italian herbs & freshly chopped basil

£7.15



Less than
450 Cals
smaller sizes



MY SALADS

Nicoise

tuna, anchovy fillets, boiled egg, mixed salad, cherry tomatoes, red onions, olives & potato with french dressing

£8.95

Crispy Bacon, Spinach & Avocado

fresh spinach leaves served with crispy bacon & avocado, served with french dressing

£7.95

Chicken Caesar

baby gem lettuce, parmesan, croutons, mixed with caesar dressing with grilled chicken fillets

£8.95

Greek

feta cheese, tomato, olives, red onions, oregano & cucumber mixed with olive oil

£6.95

Mixed

mixed leaves, cherry tomatoes, cucumber & sweet peppers served with french dressing

£4.95

Rocket

topped with parmesan, served with balsamic dressing

£5.25